

**Bachelor of Science**  
**Major: Fitness Management Composite**  
**with specialization in Personal Training & Strength**

Name:  
 Student ID:  
 Advisor:

Catalog: 2021-22

Updated:  
 Audited:

UNIVERSITY GENERAL EDUCATION CORE - 44 hrs				COMPOSITE MAJOR - 34 (8) hrs			
	Inst.	Hours	Grade	Fitness Management Core	Inst.	Hours	Grade
Choose one: COMS 1301, 1303, 2302 or 2303 - 3 hrs				MGMT 3304 - 3 hrs			
ENGL 1301 - 3 hrs				EXSS 1301 - 3 hrs			
ENGL 1302 - 3 hrs				EXSS 2100 - 1 hr			
ENGL Literature Elective - 3 hrs				EXSS 2304 - 3 hrs			
Choose one: ECON 2307, EDUC 2307, GEOG 1301, GEOG 1302, PHIL 1301, PSYC 1301 or SOCI 1301 - 3 hrs				EXSS 2305 - 3 hrs			
Choose one: ART. 1301, ART. 2301, ART. Studio Course, MUSI 1303, 3305, 3306, 3307, Performing Ensembles, THEA 1303, THEA 3308, ENGL 3330, or HUMA 2300 - 3 hrs				EXSS 3312 - 3 hrs			
MATH 1304 or higher - 3 hrs				EXSS 3315 - 3 hrs			
Laboratory Science - 4 hrs (Life or Physical)				EXSS 3320 - 3 hrs			
				EXSS 3322 - 3 hrs			
				EXSS 4100 - 1 hr			
				<b>Eight hours from: BIOL 1400 and BIOL 2401 - 8 hrs,</b>			
				BIOL 2408 and BIOL 2409 - 8 hrs, OR			
				BIOL 1401 and BIOL 3408 - 8 hrs			
					<b>Req.</b>	<b>Have</b>	<b>Need</b>
					34	0	34
				<b>COMPOSITE MAJOR (cont'd) - 18 (1) hrs</b>			
				<b>Specialization - Personal Training &amp; Strength</b>			
					<b>Inst.</b>	<b>Hours</b>	<b>Grade</b>
Choose one set: HIST 1301 or HIST 1303 - 3 hrs AND				EXSS 1114 - 1 hr			
HIST 1302 or HIST 1304 - 3 hrs, OR				EXSS 3307 - 3 hrs			
HIST 2301 and HIST 2302 - 6 hrs				EXSS 4114 - 1 hr			
				EXSS 4163 - 1 hr			
RLGN 1301 - 3 hrs				EXSS 4164 - 1 hr			
RLGN 1302 - 3 hrs				EXSS 4300 - 3 hrs			
				EXSS 4301 - 3 hrs			
POLS 2301 - 3 hrs				EXSS 3308 or EXSS 3316 - 3 hrs			
				<b>One hour from: EXSS 1109 / 1117 / 1130 / 1133</b>			
EXSS 1112 - 1 hr							
EXSS Activity - 1 hr				<b>One hour from: EXSS 1122 / 1131 / 1139 / 1142</b>			
BASC 1200/1201 - 2 hrs							
GRAD 0001 - 0 hrs							
<b>DEGREE SPECIFIC GENERAL EDUCATION - 14 hrs</b>							
	<b>Inst.</b>	<b>Hours</b>	<b>Grade</b>				
MATH 1306 - 3 hrs					<b>Req.</b>	<b>Have</b>	<b>Need</b>
Laboratory Science - 4 hrs (from area not fulfilled in Univ. Core)					18	0	18
Laboratory Science or POLS/PSYC/SOCI 3411 - 4 hrs				Upper-Level Hours in Composite Major	31	0	31
Choose one: COSC 2311, EDIT 2310 or MSC1 2311 - 3 hrs				Minimum GPA Required in Composite Major	2.00		
	<b>Req.</b>	<b>Have</b>	<b>Need</b>	<b>ELECTIVES - 23 hrs</b>			
Total Hours in General Education	58	0	58		<b>Inst.</b>	<b>Hours</b>	<b>Grade</b>
				UL Elective - 3 hrs			
				UL Elective - 3 hrs			
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				Elective - 3 hrs			
				Elective - 3 hrs			
					<b>Req.</b>	<b>Have</b>	<b>Need</b>
				Total Hours in Electives	23	0	23
				Required Upper-Level Electives	11	0	11
				<b>GRADUATION REQUIREMENTS:</b>			
	<b>Req.</b>	<b>Have</b>	<b>Need</b>	<b>INSTITUTIONAL HOUR BREAKDOWN:</b>			
General Education	58	0	58		<b>Hours</b>		<b>+AH</b>
Composite Major - Fitness Management Core	34	0	34	WBU - WAYLAND BAPTIST UNIVERSITY	0		0
Composite Major - Specialization	18	0	18				
Electives	23	0	23				
Additional Electives/Major/Minor (Optional)	0	0	0				
Additional Electives/Major/Minor (Optional)	0	0	0				
Less Dual-Counted Hours	-9	0	-9				
<b>Total Hours Required (Minimum 124)</b>	<b>124</b>	<b>0</b>	<b>124</b>				
Wayland Residency Hours Required	31	0	31				
Cumulative Upper-Level Hours Required	42	0	42				
Exam Hours (Maximum 30)	30	0					
						<b>0</b>	<b>0</b>