

Bachelor of Science
Major: Fitness Management Composite
with specialization in Personal Training & Strength

Name:
 Student ID:
 Advisor:

Catalog: 2022-23

Updated:
 Audited:

UNIFIED GENERAL EDUCATION CORE - 42 hrs				COMPOSITE MAJOR - 34 (9) hrs			
	Inst.	Hours	Grade	Fitness Management Core	Inst.	Hours	Grade
<u>Creative Expression for Engaging Community - 9 hrs</u> ENGL 1301 - 3 hrs Choose one: COMS 1301 / 1303 / 2302 / 2303 - 3 hrs Creative Arts from: ART. 1301 / Studio Course, MUSI 1303 / 3305 / 3306 / 3307 / Performing Ensembles, HUMA 2300, or ENGL 3330 - 3 hrs				MGMT 3304 - 3 hrs EXSS 1301 - 3 hrs EXSS 2100 - 1 hr EXSS 2304 - 3 hrs EXSS 2305 - 3 hrs EXSS 3312 - 3 hrs EXSS 3315 - 3 hrs EXSS 3320 - 3 hrs EXSS 3322 - 3 hrs EXSS 4100 - (1) hr Eight hours from: BIOL 1400 and BIOL 2401 - 8 hrs, BIOL 2408 and BIOL 2409 - 8 hrs, OR BIOL 1401 and BIOL 3408 - 8 hrs			
<u>Cultural Perspectives within Community - 12-13 hrs</u> ENGL 1302 - 3 hrs HIST 1301 / 1302 / 1303 / 1304 / 2301 / 2302 or 3000-level (except 3301) - 3 hrs HIST (from options listed above) or ENGL Literature Elec - 3 hrs HIST or ENGL Literature Elec (any 1000-3000 level); OR Multi-Cultural Elec from: Foreign Lang., COMS 3303, ENGL 2303 / 3318 / 3322, GEOG 1302, HIST 1303 / 1304 / 3306 / 3308 / 3309 / 3313 / 3330 / 3334, JUAD-SOCI 3320, or THST-PHIL 3333 - 3-4 hrs				Req. Have Need 34 0 34			
<u>Critical Examination of Creation and Community - 12-14 hrs</u> MATH 1304 or higher - 3 hrs Science - 3-4 hrs (4-hr lab required for PLV students) POLS 2301 - 3 hrs Math or Science Elec, OR Social Perspectives Elec from: ECON 2307, EDUC 2307, GEOG 1301, PHIL 1301, PSYC 1301, or SOCI 1301 - 3-4 hrs				COMPOSITE MAJOR (cont'd) - 18 (1) hrs Specialization - Personal Training & Strength			
<u>Christian Foundations for Life in Community - 9 hrs</u> RLGN 1301 - 3 hrs RLGN 1302 - 3 hrs BASC 1200 - 2 hrs and EXSS 1112 - 1 hr OR BASC 1301 - 3 hrs (required for EXT students) GRAD 0001 - 0 hrs				EXSS 1114 - (1) hr EXSS 3307 - 3 hrs EXSS 4114 - 1 hr EXSS 4163 - 1 hr EXSS 4164 - 1 hr EXSS 4300 - 3 hrs EXSS 4301 - 3 hrs EXSS 3308 or 3316 - 3 hrs One hour from: EXSS 1109 / 1117 / 1130 / 1133 One hour from: EXSS 1122 / 1131 / 1139 / 1142			
DEGREE SPECIFIC GENERAL EDUCATION - 11 hrs				Req. Have Need 18 0 18			
MATH 1306 or POLS/PSYC/SOCI 3411 - 3-4 hrs Lab Science or Social Perspectives Elec - 3-4 hrs (from area not fulfilled in Core) EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSCI 2311 - 3 hrs 1-hr major capstone - 1 hr				Upper-Level Hours in Composite Major 31 0 31			
Req. Have Need 53 0 53				Minimum GPA Required in Composite Major 2.00			
Notes: *Elective hours may vary based upon courses taken in Gen. Ed. **11 hours of upper-level electives are required to meet the 42-hour upper-level graduation requirement. ^Tentative course placement, dependent upon course grades:				ELECTIVES - 28 hrs			
				UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 2 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 2 hrs			
				Req. Have Need 28 0 28			
				Total Hours in Electives 28 0 28			
				Required Upper-Level Electives 11 0 11			
GRADUATION REQUIREMENTS:				INSTITUTIONAL HOUR BREAKDOWN:			
General Education	Req.	Have	Need	Hours		+AH	
Composite Major - Fitness Management Core	53	0	53	0		0	
Composite Major - Specialization	34	0	34				
Electives	18	0	18				
Additional Electives/Major/Minor (Optional)	28	0	28				
Additional Electives/Major/Minor (Optional)	0	0	0				
Less Dual-Counted Hours	0	0	0				
Less Dual-Counted Hours	-9	0	-9				
Total Hours Required (Minimum 124)	124	0	124				
Wayland Residency Hours Required	31	0	31				
Cumulative Upper-Level Hours Required	42	0	42				
Exam Hours (Maximum 30)	30	0		0		0	