

I T Y Bachelor of Science Major: Fitness Management Composite with specialization in Personal Training & Strength

Catalog: 2024-25

<u>engan</u>

Updated:

Audited:

Name: Student ID: Advisor:

UNIFIED GENERAL EDUCATION CORE - 42 hrs				COMPOSITE MAJOR - 34 (9) hrs			
	Inst.	Hours	Grade	Fitness Management Core	Inst.	Hours	Grade
Creative Expression for Engaging Community - 9 hrs				MGMT 3304 - 3 hrs			
ENGL 1301 - 3 hrs				EXSS 1301 - 3 hrs			
Choose one: COMS 1301 / 1303 / 2302 / 2303 - 3 hrs				EXSS 2100 - 1 hr EXSS 2304 - 3 hrs			
Creative Arts from: ART. 1301 / Studio Course, MUSI 1302 / 2305 / 2306 / 2307 / Berforming Encombio	~			EXSS 2304 - 3 hrs EXSS 2305 - 3 hrs			
MUSI 1303 / 3305 / 3306 / 3307 / Performing Ensemble HUMA 2300, or ENGL 3330 - 3 hrs	5,			EXSS 3312 - 3 hrs			
HUMA 2300, OF ENGL 3330 - 3 HIS				EXSS 3312 - 3 hrs EXSS 3315 - 3 hrs			
Cultural Perspectives within Community - 12-13 hrs				EXSS 3319 - 3 hrs			
ENGL 1302 - 3 hrs				EXSS 3322 - 3 hrs			
HIST 1301 / 1302 / 1303 / 1304 / 2301 / 2302 or 3000-lev	al (avcant ?	301) - 3 hrs		EXSS 4100 - (1) hr			
HIST (from options listed above) or ENGL Literature Elec	• •	501) - 5113		Eight (8) hours from:			
HIST or ENGL Literature Elec; <u>OR</u> Multi-Cultural Elec fro				BIOL 2408 and BIOL 2409 - 8 hrs, OR			
Foreign Lang., COMS 3303, ENGL 2303 / 3318 / 3322, 0		2		BIOL 1401 and BIOL 3408 - 8 hrs			
HIST 1303 / 1304 / 3306 / 3308 / 3309 / 3313 / 3330 / 33					Req.	Have	Need
or THST-PHIL 3333 - 3-4 hrs	,	,		Total Hours in Core	34	0	34
				COMPOSITE MAJOR (cont'd) - 18 (1) hrs			
Critical Examination of Creation and Community - 12-14 h	ſS			Specialization - Personal Training & Strength	Inst.	Hours	Grade
MATH 1304 or higher - 3 hrs				EXSS 1114 - (1) hr			
Science - 3-4 hrs (4-hr lab required for PLV students)				EXSS 3307 - 3 hrs			
POLS 2301 - 3 hrs				EXSS 3308 or 3316 - 3 hrs			
Math or Science Elec, OR Social Perspectives Elec from	ECON 23	307,		EXSS 4114 - 1 hr			
EDUC 2307, GEOG 1301, PHIL 1301, PSYC 1301, or S				EXSS 4163 - 1 hr			
				EXSS 4164 - 1 hr			
Christian Foundations for Life in Community - 9 hrs				EXSS 4300 - 3 hrs			
RLGN 1301 - 3 hrs				EXSS 4301 - 3 hrs			
RLGN 1302 - 3 hrs				One hour from: EXSS 1109 / 1117 / 1130 / 1133			
BASC 1200 - 2 hrs and EXSS 1112 - 1 hr OR							
BASC 1301 - 3 hrs (required for EXT students)				One hour from: EXSS 1122 / 1131 / 1139 / 1142			
GRAD 0001 - 0 hrs							
DEGREE SPECIFIC GENERAL EDUCATION - 11 hrs	• .						
	Inst.	Hours	Grade				
MATH 1306 or POLS/PSYC/SOCI 3411 - 3-4 hrs							
Lab Science or Social Perspectives Elec - 3-4 hrs (from a	rea not fulfi	lled in Core)					
Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr		,					
Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MS		,			Reg	Науа	Need
Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr		,		Total Hours in Specialization	Req.	Have	Need
Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MS	CI 2311 - 3	hrs		Total Hours in Specialization	18	0	18
Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSI MSCI 3101 or 1-hr major capstone - 1 hr	CI 2311 - 3 Req	hrs Have	Need	Upper-Level Hours in Composite Major	18 31		
Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MS	CI 2311 - 3	hrs			18	0	18
Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSI MSCI 3101 or 1-hr major capstone - 1 hr	CI 2311 - 3 Req	hrs Have	Need	Upper-Level Hours in Composite Major Minimum GPA Required in Composite Major	18 31	0	18
Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSI MSCI 3101 or 1-hr major capstone - 1 hr Total Hours in General Education	CI 2311 - 3 Req 53	hrs Have 0	Need	Upper-Level Hours in Composite Major Minimum GPA Required in Composite Major	18 31 2.00	0 0	18 31
Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSI MSCI 3101 or 1-hr major capstone - 1 hr <u>Total Hours in General Education</u> <u>Notes:</u>	CI 2311 - 3 Req 53	hrs Have 0	Need	Upper-Level Hours in Composite Major Minimum GPA Required in Composite Major ELECTIVES - 29 hrs	18 31 2.00	0 0	18 31
Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSI MSCI 3101 or 1-hr major capstone - 1 hr <u>Total Hours in General Education</u> <u>Notes:</u>	Cl 2311 - 3 Req 53 n Gen. Ed.	hrs Have 0	Need	Upper-Level Hours in Composite Major Minimum GPA Required in Composite Major ELECTIVES - 29 hrs UL Elective - 3 hrs	18 31 2.00	0 0	18 31
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Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSt MSCI 3101 or 1-hr major capstone - 1 hr <u>Total Hours in General Education</u> <u>Notes:</u> *Elective hours may vary based upon courses taken in **11 hours of upper-level electives are required to me upper-level graduation requirement.	Cl 2311 - 3 Req 53 n Gen. Ed. et the 42-h	hrs Have 0	Need	Upper-Level Hours in Composite Major Minimum GPA Required in Composite Major ELECTIVES - 29 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs	18 31 2.00	0 0	18 31
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Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSt MSCI 3101 or 1-hr major capstone - 1 hr <u>Total Hours in General Education</u> <u>Notes:</u> *Elective hours may vary based upon courses taken in **11 hours of upper-level electives are required to me upper-level graduation requirement.	Cl 2311 - 3 Req 53 n Gen. Ed. et the 42-h	hrs Have 0	Need	Upper-Level Hours in Composite Major Minimum GPA Required in Composite Major ELECTIVES - 29 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 2 hrs Elective - 3 hrs	18 31 2.00 Inst. Req.	0 0 Hours Have	18 31 Grade Need
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Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSI MSCI 3101 or 1-hr major capstone - 1 hr <u>Total Hours in General Education</u> <u>Notes:</u> *Elective hours may vary based upon courses taken in **11 hours of upper-level electives are required to me- upper-level graduation requirement. *Tentative course placement, dependent upon courses <u>GRADUATION REQUIREMENTS:</u> General Education Composite Major - Fitness Management Core Composite Major - Specialization Electives	Cl 2311 - 3 Req 53 n Gen. Ed. et the 42-h grades: grades: 53 34 18 29	hrs Have 0 our Have 0 0 0 0	Need 53 Need 53 34 18 29	Upper-Level Hours in Composite Major Minimum GPA Required in Composite Major ELECTIVES - 29 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 2 hrs Elective - 3 hrs	18 [°] 31 2.00 Inst. Req. 29	0 0 Hours Have 0 0 <u>Hours</u>	18 31 Grade Veed 29 11 +AH
Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSt MSCI 3101 or 1-hr major capstone - 1 hr <u>Total Hours in General Education</u> <u>Notes:</u> *Elective hours may vary based upon courses taken in **11 hours of upper-level electives are required to mer upper-level graduation requirement. *Tentative course placement, dependent upon courses <u>GRADUATION REQUIREMENTS:</u> General Education Composite Major - Fitness Management Core Composite Major - Specialization Electives Additional Electives/Major/Minor (Optional)	Cl 2311 - 3 Req 53 n Gen. Ed. et the 42-h grades: grades: 8 8 29 0	hrs Have 0 Have 0 0 0 0 0 0 0 0 0 0 0 0 0	Need 53 Need 53 34 18 29 0	Upper-Level Hours in Composite Major Minimum GPA Required in Composite Major ELECTIVES - 29 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 2 hrs Elective - 3 hrs	18 [°] 31 2.00 Inst. Req. 29	0 0 Hours Have 0 0 <u>Hours</u>	18 31 Grade Veed 29 11 +AH
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Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSI MSCI 3101 or 1-hr major capstone - 1 hr <u>Total Hours in General Education</u> <u>Notes:</u> *Elective hours may vary based upon courses taken in **11 hours of upper-level electives are required to me upper-level graduation requirement. A Tentative course placement, dependent upon courses General Education Composite Major - Fitness Management Core Composite Major - Specialization Electives Additional Electives/Major/Minor (Optional) Additional Electives/Major/Minor (Optional) Less Dual-Counted Hours Total Hours Required (Minimum 124)	Cl 2311 - 3 Req 53 n Gen. Ed. et the 42-h ogrades: 7 8 9 9 0 0 0 10 124	hrs Have 0 bour Have 0 0 0 0 0 0 0 0 0 0 0 0 0	Need 53 Need 53 34 18 29 0 0 -10 124	Upper-Level Hours in Composite Major Minimum GPA Required in Composite Major ELECTIVES - 29 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 2 hrs Elective - 3 hrs	18 [°] 31 2.00 Inst. Req. 29	0 0 Hours Have 0 0 <u>Hours</u>	18 31 Grade Veed 29 11 +AH
Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSI MSCI 3101 or 1-hr major capstone - 1 hr <u>Total Hours in General Education</u> <u>Notes:</u> *Elective hours may vary based upon courses taken in **11 hours of upper-level electives are required to me upper-level graduation requirement. *Tentative course placement, dependent upon courses General Education Composite Major - Fitness Management Core Composite Major - Specialization Electives Additional Electives/Major/Minor (Optional) Additional Electives/Major/Minor (Optional) Less Dual-Counted Hours Total Hours Required (Minimum 124) Wayland Residency Hours Required	Cl 2311 - 3 Req 53 n Gen. Ed. et the 42-h grades: grades: Req. 53 34 18 29 0 0 -10 124 31	hrs Have 0 hour Have 0 0 0 0 0 0 0 0 0 0 0 0 0	Need 53 53 53 53 34 18 29 0 0 -10 124 31	Upper-Level Hours in Composite Major Minimum GPA Required in Composite Major ELECTIVES - 29 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 2 hrs Elective - 3 hrs	18 [°] 31 2.00 Inst. Req. 29	0 0 Hours Have 0 0 <u>Hours</u>	18 31 Grade Veed 29 11 +AH
Lab Science or Social Perspectives Elec - 3-4 hrs (from a EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSI MSCI 3101 or 1-hr major capstone - 1 hr <u>Total Hours in General Education</u> <u>Notes:</u> *Elective hours may vary based upon courses taken in **11 hours of upper-level electives are required to me upper-level graduation requirement. A Tentative course placement, dependent upon courses General Education Composite Major - Fitness Management Core Composite Major - Specialization Electives Additional Electives/Major/Minor (Optional) Additional Electives/Major/Minor (Optional) Less Dual-Counted Hours Total Hours Required (Minimum 124)	Cl 2311 - 3 Req 53 n Gen. Ed. et the 42-h ogrades: 7 8 9 9 0 0 0 10 124	hrs Have 0 bour Have 0 0 0 0 0 0 0 0 0 0 0 0 0	Need 53 Need 53 34 18 29 0 0 -10 124	Upper-Level Hours in Composite Major Minimum GPA Required in Composite Major ELECTIVES - 29 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 2 hrs Elective - 3 hrs	18 [°] 31 2.00 Inst. Req. 29	0 0 Hours Have 0 0 <u>Hours</u>	18 31 Grade Veed 29 11 +AH

PRELIMINARY