

**Bachelor of Science**  
**Major: Fitness Management Composite**  
**with specialization in Personal Training & Strength**  
**Catalog: 2024-25**

Updated:  
Audited:

Name:  
Student ID:  
Advisor:

UNIFIED GENERAL EDUCATION CORE - 42 hrs				COMPOSITE MAJOR - 34 (9) hrs																											
	Inst.	Hours	Grade	Fitness Management Core	Inst.	Hours	Grade																								
<u>Creative Expression for Engaging Community - 9 hrs</u> ENGL 1301 - 3 hrs Choose one: COMS 1301 / 1303 / 2302 / 2303 - 3 hrs <b>Creative Arts</b> from: ART. 1301 / Studio Course, MUSI 1303 / 3305 / 3306 / 3307 / Performing Ensembles, HUMA 2300, or ENGL 3330 - 3 hrs  <u>Cultural Perspectives within Community - 12-13 hrs</u> ENGL 1302 - 3 hrs HIST 1301 / 1302 / 1303 / 1304 / 2301 / 2302 or 3000-level (except 3301) - 3 hrs HIST (from options listed above) or ENGL Literature Elec - 3 hrs HIST or ENGL Literature Elec; <b>OR Multi-Cultural</b> Elec from: Foreign Lang., COMS 3303, ENGL 2303 / 3318 / 3322, GEOG 1302, HIST 1303 / 1304 / 3306 / 3308 / 3309 / 3313 / 3330 / 3334, JUAD-SOCI 3320, or THST-PHIL 3333 - 3-4 hrs  <u>Critical Examination of Creation and Community - 12-14 hrs</u> MATH 1304 or higher - 3 hrs Science - 3-4 hrs (4-hr lab required for PLV students) POLS 2301 - 3 hrs Math or Science Elec, <b>OR Social Perspectives</b> Elec from: ECON 2307, EDUC 2307, GEOG 1301, PHIL 1301, PSYC 1301, or SOCI 1301 - 3-4 hrs  <u>Christian Foundations for Life in Community - 9 hrs</u> RLGN 1301 - 3 hrs RLGN 1302 - 3 hrs BASC 1200 - 2 hrs and EXSS 1112 - 1 hr OR BASC 1301 - 3 hrs (required for EXT students) GRAD 0001 - 0 hrs				MGMT 3304 - 3 hrs EXSS 1301 - 3 hrs EXSS 2100 - 1 hr EXSS 2304 - 3 hrs EXSS 2305 - 3 hrs EXSS 3312 - 3 hrs EXSS 3315 - 3 hrs EXSS 3320 - 3 hrs EXSS 3322 - 3 hrs EXSS 4100 - (1) hr <b>Eight (8) hours from:</b> BIOL 2408 and BIOL 2409 - 8 hrs, OR BIOL 1401 and BIOL 3408 - 8 hrs  <table border="1"> <tr> <td>Total Hours in Core</td> <td>Req.</td> <td>Have</td> <td>Need</td> </tr> <tr> <td></td> <td>34</td> <td>0</td> <td>34</td> </tr> </table>				Total Hours in Core	Req.	Have	Need		34	0	34																
Total Hours in Core	Req.	Have	Need																												
	34	0	34																												
<b>DEGREE SPECIFIC GENERAL EDUCATION - 11 hrs</b>				<b>COMPOSITE MAJOR (cont'd) - 18 (1) hrs</b> <b>Specialization - Personal Training &amp; Strength</b>																											
	Inst.	Hours	Grade	Inst.	Hours	Grade																									
MATH 1306 or POLS/PSYC/SOCI 3411 - 3-4 hrs Lab Science or Social Perspectives Elec - 3-4 hrs (from area not fulfilled in Core) EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSCI 2311 - 3 hrs MSCI 3101 or 1-hr major capstone - 1 hr  <table border="1"> <tr> <td></td> <td>Req</td> <td>Have</td> <td>Need</td> </tr> <tr> <td>Total Hours in General Education</td> <td>53</td> <td>0</td> <td>53</td> </tr> </table>					Req	Have	Need	Total Hours in General Education	53	0	53	EXSS 1114 - (1) hr EXSS 3307 - 3 hrs EXSS 3308 or 3316 - 3 hrs EXSS 4114 - 1 hr EXSS 4163 - 1 hr EXSS 4164 - 1 hr EXSS 4300 - 3 hrs EXSS 4301 - 3 hrs <b>One hour from:</b> EXSS 1109 / 1117 / 1130 / 1133  <b>One hour from:</b> EXSS 1122 / 1131 / 1139 / 1142  <table border="1"> <tr> <td>Total Hours in Specialization</td> <td>Req.</td> <td>Have</td> <td>Need</td> </tr> <tr> <td></td> <td>18</td> <td>0</td> <td>18</td> </tr> <tr> <td>Upper-Level Hours in Composite Major</td> <td>31</td> <td>0</td> <td>31</td> </tr> <tr> <td>Minimum GPA Required in Composite Major</td> <td>2.00</td> <td></td> <td></td> </tr> </table>				Total Hours in Specialization	Req.	Have	Need		18	0	18	Upper-Level Hours in Composite Major	31	0	31	Minimum GPA Required in Composite Major	2.00		
	Req	Have	Need																												
Total Hours in General Education	53	0	53																												
Total Hours in Specialization	Req.	Have	Need																												
	18	0	18																												
Upper-Level Hours in Composite Major	31	0	31																												
Minimum GPA Required in Composite Major	2.00																														
<b>Notes:</b> *Elective hours may vary based upon courses taken in Gen. Ed.  **11 hours of upper-level electives are required to meet the 42-hour upper-level graduation requirement.  ^Tentative course placement, dependent upon course grades:				<b>ELECTIVES - 29 hrs</b>																											
					Inst.	Hours	Grade																								
				UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 3 hrs UL Elective - 2 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs																											
				<table border="1"> <tr> <td>Total Hours in Electives</td> <td>Req.</td> <td>Have</td> <td>Need</td> </tr> <tr> <td></td> <td>29</td> <td>0</td> <td>29</td> </tr> <tr> <td>Required Upper-Level Electives</td> <td>11</td> <td>0</td> <td>11</td> </tr> </table>				Total Hours in Electives	Req.	Have	Need		29	0	29	Required Upper-Level Electives	11	0	11												
Total Hours in Electives	Req.	Have	Need																												
	29	0	29																												
Required Upper-Level Electives	11	0	11																												
<b>GRADUATION REQUIREMENTS:</b>				<b>INSTITUTIONAL HOUR BREAKDOWN:</b>																											
	Req.	Have	Need	Hours		+AH																									
General Education	53	0	53	WBU - WAYLAND BAPTIST UNIVERSITY		0 0																									
Composite Major - Fitness Management Core	34	0	34																												
Composite Major - Specialization	18	0	18																												
Electives	29	0	29																												
Additional Electives/Major/Minor (Optional)	0	0	0																												
Additional Electives/Major/Minor (Optional)	0	0	0																												
Less Dual-Counted Hours	-10	0	-10																												
<b>Total Hours Required (Minimum 124)</b>	<b>124</b>	<b>0</b>	<b>124</b>																												
Wayland Residency Hours Required	31	0	31																												
Cumulative Upper-Level Hours Required	42	0	42																												
Exam Hours (Maximum 30)	30	0																													
				<b>Hours completed towards AASc:</b> <table border="1"> <tr> <td>0</td> <td>0</td> <td>0</td> </tr> </table>				0	0	0																					
0	0	0																													