

Bachelor of Applied Science Major: Personal Training Catalog: 2024-2025 Expires 8/1/2031

Updated: Audited:

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| UNIFIED GENERAL EDUCATION CORE - 42 hrs minim | Catalog: | 2024 | -2025 | Advisor & Campus : MAJOR: Personal Training - 36 hrs minimum | | | |
| UNITIED GENERAL EDUCATION CORE - 42 III'S IIIIIIII | Inst. | Hours | Grade | _ | Inst. | Hours | Grade |
| Creative Expression for Engaging Community - 9 hrs | | | | EXSS 2304 - 3 hrs | | | |
| ENGL 1301 - 3 hrs | | | | EXSS 3312 - 3 hrs | | | |
| Choose one: COMS 1301 / 1303 / 2302 / 2303 - 3 hrs | | | | EXSS 3315 - 3 hrs | | | |
| Creative Arts from: ART. 1301 / Studio Course, | | | | EXSS 4163 - 1 hr | | | |
| MUSI 1303 / 3305 / 3306 / 3307 / Performing Ensemble | s, | | | EXSS 4300 - 3 hrs | | | |
| HUMA 2300, or ENGL 3330 - 3 hrs | | | | EXSS 4164 - 1 hr | | | |
| | | | | EXSS 4301 - 3 hrs | | | |
| Cultural Perspectives within Community - 12-13 hrs | | | | EXSS Activity Course - 1 hr^ | | | |
| ENGL 1302 - 3 hrs | | | | EXSS Activity Course - 1 hr^ | | | |
| HIST 1301 / 1302 / 1303 / 1304 / 2301 / 2302 or 3000-level (except 3301) - 3 hrs | | | | EXSS Activity Course - 1 hr^ | | | |
| HIST (from options listed above) or ENGL Literature Elec - 3 hrs | | | | RSWR 3345 - 3 hrs | | | |
| HIST or ENGL Literature Elec; OR Multi-Cultural Elec from: | | | | MGMT 3304 - 3 hrs | | | |
| #Foreign Lang., COMS 3303, ENGL 2303 / 3318 / 3322, GEOG 1302, | | | | MGMT 3330 - 3 hrs | | | |
| HIST 1303 / 1304 / 3306 / 3308 / 3309 / 3313 / 3330 / 3334, JUAD-SOCI 3320, | | | | EXSS Elective - 3 hrs** | | | |
| or THST-PHIL 3333 - 3-4 hrs | | | | EXSS Elective - 3 hrs | | | |
| | | | | EXSS Elective - 1 hr | | | |
| Critical Examination of Creation and Community - 12-14 h | nrs | | | | | | |
| MATH 1303 or higher - 3 hrs | | | | | | | |
| Science - 3-4 hrs (4-hr lab required for PLV students)** | | | | | Req. | Have | Need |
| POLS 2301 - 3 hrs | | | | Total Hours in Major | 36 | 0 | 36 |
| Math or Science Elec, OR Social Perspectives Elec from | | | | Minimum Upper Level Hours in Major | 18 | 0 | 18 |
| EDUC 2307, GEOG 1301, PHIL 1301, PSYC 1301, or SOCI 1301 - 3-4 hrs | | | | | 2.00 | | |
| | | | | EXPERIENTIAL PROFESSIONAL DEVELOPMENT - 12 https://www.commonscience.com/commonscience.com/commonscience.com/commonscience.com/commonscience.com/commonscience.com/commonscience.com/com/com/com/com/com/com/com/com/com/ | | | |
| Christian Foundations for Life in Community - 9 hrs | | | | | Inst. | Hours | Grade |
| RLGN 1301 - 3 hrs | | | | Experiential Professional Development - 12 hrs | | | |
| RLGN 1302 - 3 hrs | | | | (48 Months full time work or Upper-Level Electives) | | | |
| BASC 1200 - 2 hrs and EXSS 1112 - 1 hr OR | | | | | | | |
| BASC 1301 - 3 hrs (required for EXT students) | | | | | | | |
| GRAD 0001 - 0 hrs | | | | | | | |
| Max 6 hrs of "Technical" allowed in Gen Ed | Dem | Have | Need | | Dee | Have | Need |
| Total Hours in General Education | Req. 42 | Have 0 | Need 42 | Total Hours in Experiential Professional Development | Req. 12 | Have 0 | Need 12 |
| ELECTIVES | 72 | 0 | 72 | PROFESSIONAL DEVELOPMENT - 24 hrs minimum | 12 | 0 | 12 |
| | Inst. | Hours | Grade | | Inst. | Hours | Grade |
| BIOL 1400 - 4 hrs** | mət. | Tiours | Graue | Upper Level Elective - 3 hrs | iliət. | nours | Graue |
| EXSS 1301 - 3 hrs** | | | | Elective - 3 hrs | | | |
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| Elective - 3 hrs | | | | Elective - 3 hrs | | | |
| Elective - 3 hrs Elective - 1 hr | | | | Elective - 3 hrs Elective - 3 hrs | | | |
| Elective - 3 hrs Elective - 1 hr | | | | Elective - 3 hrs | | | |
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| Elective - 1 hr | Req. | Have | Need | Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs | | | |
| Elective - 1 hr Total Hours in Electives | Req. 10 | Have 0 | Need 10 | Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs | | | |
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| Elective - 1 hr Total Hours in Electives <u>Notes:</u> *Elective hours may vary based upon courses taken i | 10 | 0 | | Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs | | | |
| Elective - 1 hr Total Hours in Electives Notes: *Elective hours may vary based upon courses taken i ^In addition to unified core and not including EXSS 1100. | 10 n Gen. Ec | 0 1. | 10 | Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs | ted to i | provide | |
| Elective - 1 hr Total Hours in Electives Notes: *Elective hours may vary based upon courses taken i ^In addition to unified core and not including EXSS 1100. **BIOL 1400 and EXSS 1301 are required prerequisites. | 10 n Gen. Ec They may | 0 1. v also be us | 10 sed | Elective - 3 hrs Elective - 3 hrs | ted to | provide | |
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PRELIMINARY