

## Bachelor of Applied Science Major: Personal Training Catalog: 2024-2025 Expires 8/1/2031

Updated: Audited:

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UNIFIED GENERAL EDUCATION CORE - 42 hrs minim	Catalog:	2024	-2025	Advisor & Campus : MAJOR: Personal Training - 36 hrs minimum			
UNITIED GENERAL EDUCATION CORE - 42 III'S IIIIIIII	Inst.	Hours	Grade	_	Inst.	Hours	Grade
Creative Expression for Engaging Community - 9 hrs				EXSS 2304 - 3 hrs			
ENGL 1301 - 3 hrs				EXSS 3312 - 3 hrs			
Choose one: COMS 1301 / 1303 / 2302 / 2303 - 3 hrs				EXSS 3315 - 3 hrs			
Creative Arts from: ART. 1301 / Studio Course,				EXSS 4163 - 1 hr			
MUSI 1303 / 3305 / 3306 / 3307 / Performing Ensemble	s,			EXSS 4300 - 3 hrs			
HUMA 2300, or ENGL 3330 - 3 hrs				EXSS 4164 - 1 hr			
				EXSS 4301 - 3 hrs			
Cultural Perspectives within Community - 12-13 hrs				EXSS Activity Course - 1 hr^			
ENGL 1302 - 3 hrs				EXSS Activity Course - 1 hr^			
HIST 1301 / 1302 / 1303 / 1304 / 2301 / 2302 or 3000-level (except 3301) - 3 hrs				EXSS Activity Course - 1 hr^			
HIST (from options listed above) or ENGL Literature Elec - 3 hrs				RSWR 3345 - 3 hrs			
HIST or ENGL Literature Elec; <b>OR Multi-Cultural</b> Elec from:				MGMT 3304 - 3 hrs			
#Foreign Lang., COMS 3303, ENGL 2303 / 3318 / 3322, GEOG 1302,				MGMT 3330 - 3 hrs			
HIST 1303 / 1304 / 3306 / 3308 / 3309 / 3313 / 3330 / 3334, JUAD-SOCI 3320,				EXSS Elective - 3 hrs**			
or THST-PHIL 3333 - 3-4 hrs				EXSS Elective - 3 hrs			
				EXSS Elective - 1 hr			
Critical Examination of Creation and Community - 12-14 h	nrs						
MATH 1303 or higher - 3 hrs							
Science - 3-4 hrs (4-hr lab required for PLV students)**					Req.	Have	Need
POLS 2301 - 3 hrs				Total Hours in Major	36	0	36
Math or Science Elec, OR Social Perspectives Elec from				Minimum Upper Level Hours in Major	18	0	18
EDUC 2307, GEOG 1301, PHIL 1301, PSYC 1301, or SOCI 1301 - 3-4 hrs					2.00		
				EXPERIENTIAL PROFESSIONAL DEVELOPMENT - 12 https://www.commonscience.com/commonscience.com/commonscience.com/commonscience.com/commonscience.com/commonscience.com/commonscience.com/com/com/com/com/com/com/com/com/com/			
Christian Foundations for Life in Community - 9 hrs					Inst.	Hours	Grade
RLGN 1301 - 3 hrs				Experiential Professional Development - 12 hrs			
RLGN 1302 - 3 hrs				(48 Months full time work or Upper-Level Electives)			
BASC 1200 - 2 hrs and EXSS 1112 - 1 hr OR							
BASC 1301 - 3 hrs (required for EXT students)							
GRAD 0001 - 0 hrs							
Max 6 hrs of "Technical" allowed in Gen Ed	Dem	Have	Need		Dee	Have	Need
Total Hours in General Education	<b>Req.</b> 42	Have 0	Need 42	Total Hours in Experiential Professional Development	<b>Req.</b> 12	Have 0	Need 12
ELECTIVES	72	0	72	PROFESSIONAL DEVELOPMENT - 24 hrs minimum	12	0	12
	Inst.	Hours	Grade		Inst.	Hours	Grade
BIOL 1400 - 4 hrs**	mət.	Tiours	Graue	Upper Level Elective - 3 hrs	iliət.	nours	Graue
EXSS 1301 - 3 hrs**				Elective - 3 hrs			
Elective - 3 hrs				Elective - 3 hrs			
Elective - 3 hrs Elective - 1 hr				Elective - 3 hrs Elective - 3 hrs			
Elective - 3 hrs Elective - 1 hr				Elective - 3 hrs			
				Elective - 3 hrs Elective - 3 hrs			
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Elective - 1 hr	<b>Req.</b>	Have	Need	Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs			
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Elective - 1 hr Total Hours in Electives <u>Notes:</u>	10	0		Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs			
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Elective - 1 hr Total Hours in Electives Notes: *Elective hours may vary based upon courses taken i ^In addition to unified core and not including EXSS 1100.	10 n Gen. Ec	0 1.	10	Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs	ted to i	provide	
Elective - 1 hr Total Hours in Electives Notes: *Elective hours may vary based upon courses taken i ^In addition to unified core and not including EXSS 1100. **BIOL 1400 and EXSS 1301 are required prerequisites.	10 n Gen. Ec They may	0 1. v also be us	10 sed	Elective - 3 hrs Elective - 3 hrs	ted to	provide	
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Elective - 1 hr Total Hours in Electives Notes: *Elective hours may vary based upon courses taken i ^In addition to unified core and not including EXSS 1100. **BIOL 1400 and EXSS 1301 are required prerequisites. in the unified core or Major/PD respectively if an alternate in the elective block. GRADUATION REQUIREMENTS: General Education Major	10 n Gen. Ed They may elective i Req. 42 36	0 d. v also be us s completed Have 0 0 0	10 sed d <b>Need</b> 42 36	Elective - 3 hrs Elective - 3 hrs The Professional Development consists of credits select depth or breadth to the major. Total Hours in Professional Development INSTITUTIONAL HOUR BREAKDOWN: WBU - WAYLAND BAPTIST UNIVERSITY MSS - MILITARY SERVICE SCHOOL	Req.	Have 0 <u>Hours</u> 0 0	24
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Elective - 1 hr  Total Hours in Electives  Notes:  *Elective hours may vary based upon courses taken i  An addition to unified core and not including EXSS 1100. **BIOL 1400 and EXSS 1301 are required prerequisites. in the unified core or Major/PD respectively if an alternate in the elective block.  GRADUATION REQUIREMENTS: General Education Major Professional Development Experiential Professional Development Experiential Professional Development Experiential Professional Development Electives 2nd Major/Minor Less Dual-Counted Hours Total Hours Required (Minimum 124) Upper-Level Hours in Major Required	10 n Gen. Ec They may elective i 42 36 24 12 10 0 0 124 18	0 d. y also be us s completed 0 0 0 0 0 0 0 0 0 0 0 0 0	10 eed d 42 36 24 12 10 0 0 124 18	Elective - 3 hrs Elective - 3 hrs The Professional Development consists of credits select depth or breadth to the major. Total Hours in Professional Development INSTITUTIONAL HOUR BREAKDOWN: WBU - WAYLAND BAPTIST UNIVERSITY MSS - MILITARY SERVICE SCHOOL MOS - MILITARY OCCUPATIONAL SPECIALTY	Req.	Have 0 <u>Hours</u> 0 0	24
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## PRELIMINARY