

## Bachelor of Applied Science

### Major: Personal Training

Catalog: 2024-2025

Expires 8/1/2031

Name:

Student ID:

Updated:

Audited:

Catalog: 2024-2025

Advisor & Campus :

UNIFIED GENERAL EDUCATION CORE - 42 hrs minimum				MAJOR: Personal Training - 36 hrs minimum															
	Inst.	Hours	Grade		Inst.	Hours	Grade												
<u>Creative Expression for Engaging Community - 9 hrs</u> ENGL 1301 - 3 hrs Choose one: COMS 1301 / 1303 / 2302 / 2303 - 3 hrs <b>Creative Arts</b> from: ART. 1301 / Studio Course, MUSI 1303 / 3305 / 3306 / 3307 / Performing Ensembles, HUMA 2300, or ENGL 3330 - 3 hrs				EXSS 2304 - 3 hrs EXSS 3312 - 3 hrs EXSS 3315 - 3 hrs EXSS 4163 - 1 hr EXSS 4300 - 3 hrs EXSS 4164 - 1 hr EXSS 4301 - 3 hrs EXSS Activity Course - 1 hr^ EXSS Activity Course - 1 hr^ EXSS Activity Course - 1 hr^ RSWR 3345 - 3 hrs MGMT 3304 - 3 hrs MGMT 3330 - 3 hrs EXSS Elective - 3 hrs** EXSS Elective - 3 hrs EXSS Elective - 1 hr															
<u>Cultural Perspectives within Community - 12-13 hrs</u> ENGL 1302 - 3 hrs HIST 1301 / 1302 / 1303 / 1304 / 2301 / 2302 or 3000-level (except 3301) - 3 hrs HIST (from options listed above) or ENGL Literature Elec - 3 hrs HIST or ENGL Literature Elec; <b>OR Multi-Cultural</b> Elec from: #Foreign Lang., COMS 3303, ENGL 2303 / 3318 / 3322, GEOG 1302, HIST 1303 / 1304 / 3306 / 3308 / 3309 / 3313 / 3330 / 3334, JUAD-SOCI 3320, or THST-PHIL 3333 - 3-4 hrs				Total Hours in Major Minimum Upper Level Hours in Major Minimum GPA Required in Major															
<u>Critical Examination of Creation and Community - 12-14 hrs</u> MATH 1303 or higher - 3 hrs Science - 3-4 hrs (4-hr lab required for PLV students)** POLS 2301 - 3 hrs Math or Science Elec, <b>OR Social Perspectives</b> Elec from: ECON 2307, EDUC 2307, GEOG 1301, PHIL 1301, PSYC 1301, or SOCI 1301 - 3-4 hrs				<table border="1"> <thead> <tr> <th>Req.</th> <th>Have</th> <th>Need</th> </tr> </thead> <tbody> <tr> <td>36</td> <td>0</td> <td>36</td> </tr> <tr> <td>18</td> <td>0</td> <td>18</td> </tr> <tr> <td>2.00</td> <td></td> <td></td> </tr> </tbody> </table>				Req.	Have	Need	36	0	36	18	0	18	2.00		
Req.	Have	Need																	
36	0	36																	
18	0	18																	
2.00																			
<u>Christian Foundations for Life in Community - 9 hrs</u> RLGN 1301 - 3 hrs RLGN 1302 - 3 hrs BASC 1200 - 2 hrs and EXSS 1112 - 1 hr OR BASC 1301 - 3 hrs (required for EXT students) GRAD 0001 - 0 hrs <b>Max 6 hrs of "Technical" allowed in Gen Ed</b>				<b>EXPERIENTIAL PROFESSIONAL DEVELOPMENT - 12 hrs</b> <table border="1"> <thead> <tr> <th>Inst.</th> <th>Hours</th> <th>Grade</th> </tr> </thead> <tbody> <tr> <td colspan="3">Experiential Professional Development - 12 hrs (48 Months full time work or Upper-Level Electives)</td> </tr> </tbody> </table>				Inst.	Hours	Grade	Experiential Professional Development - 12 hrs (48 Months full time work or Upper-Level Electives)								
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Req.	Have	Need																	
42	0	42																	
Req.	Have	Need																	
12	0	12																	
ELECTIVES				PROFESSIONAL DEVELOPMENT - 24 hrs minimum															
	Inst.	Hours	Grade		Inst.	Hours	Grade												
BIOL 1400 - 4 hrs** EXSS 1301 - 3 hrs** Elective - 3 hrs Elective - 1 hr				Upper Level Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs Elective - 3 hrs															
<table border="1"> <thead> <tr> <th>Req.</th> <th>Have</th> <th>Need</th> </tr> </thead> <tbody> <tr> <td>10</td> <td>0</td> <td>10</td> </tr> </tbody> </table>				Req.	Have	Need	10	0	10	<table border="1"> <thead> <tr> <th>Req.</th> <th>Have</th> <th>Need</th> </tr> </thead> <tbody> <tr> <td>24</td> <td>0</td> <td>24</td> </tr> </tbody> </table>				Req.	Have	Need	24	0	24
Req.	Have	Need																	
10	0	10																	
Req.	Have	Need																	
24	0	24																	
<b>Notes:</b> *Elective hours may vary based upon courses taken in Gen. Ed. ^In addition to unified core and not including EXSS 1100. **BIOL 1400 and EXSS 1301 are required prerequisites. They may also be used in the unified core or Major/PD respectively if an alternate elective is completed in the elective block.				<b>The Professional Development consists of credits selected to provide depth or breadth to the major.</b>															
<b>GRADUATION REQUIREMENTS:</b>				<b>INSTITUTIONAL HOUR BREAKDOWN:</b>															
General Education	42	0	42	WBU - WAYLAND BAPTIST UNIVERSITY		0	+AH												
Major	36	0	36	MSS - MILITARY SERVICE SCHOOL		0													
Professional Development	24	0	24	MOS - MILITARY OCCUPATIONAL SPECIALTY		0													
Experiential Professional Development	12	0	12	PLA - PRIOR LEARNING ASSESSMENT		0													
Electives	10	0	10																
2nd Major/Minor	0	0	0																
Less Dual-Counted Hours	0	0	0																
<b>Total Hours Required (Minimum 124)</b>	<b>124</b>	<b>0</b>	<b>124</b>																
Upper-Level Hours in Major Required	18	0	18																
Upper-Level Academic Hours Required	21	0	21																
Upper-Level Cumulative Required	36	0	36																
Non Junior College Hours Required	52	0	52																
Wayland Residency Hours Required	31	0	31																
Exam Hours (Maximum 42)	≤42	0		<b>Hours completed towards AASc:</b>		0	0												