

Bachelor of Science
Major: Fitness Management Composite
with specialization in Sport Medicine & Rehabilitation

Name:
 Student ID:
 Advisor:

Catalog: 2025-26
 Expires 8/1/2032

Updated:
 Audited:

UNIFIED GENERAL EDUCATION CORE - 42 hrs				COMPOSITE MAJOR - 34 (9) hrs																																																															
	Inst.	Hours	Grade		Inst.	Hours	Grade																																																												
<u>Creative Expression for Engaging Community - 9 hrs</u> ENGL 1301 - 3 hrs Choose one: COMS 1301 / 1303 / 2302 / 2303 - 3 hrs Creative Arts from: ART. 1301 / Studio Course, MUSI 1303 / 3305 / 3306 / 3307 / Performing Ensembles, HUMA 2300, or ENGL 3330 - 3 hrs <u>Cultural Perspectives within Community - 12-13 hrs</u> ENGL 1302 - 3 hrs HIST 1301 / 1302 / 1303 / 1304 / 2301 / 2302 or 3000-level (except 3301) - 3 hrs HIST (from options listed above) or ENGL Literature Elec - 3 hrs HIST or ENGL Literature Elec; OR Multi-Cultural Elec from: Foreign Lang., COMS 3303, ENGL 2303 / 3318 / 3322, GEOG 1302, HIST 1303 / 1304 / 3306 / 3308 / 3309 / 3313 / 3330 / 3334, SOSC 3320, or THST-PHIL 3333 - 3-4 hrs <u>Critical Examination of Creation and Community - 12-14 hrs</u> MATH 1304 or higher - 3 hrs Science - 3-4 hrs (4-hr lab required for PLV students) POLS 2301 - 3 hrs Math or Science Elec, OR Social Perspectives Elec from: ECON 2307, EDUC 2307, GEOG 1301, PHIL 1301, PSYC 1301, or SOCI 1301 - 3-4 hrs <u>Christian Foundations for Life in Community - 9 hrs</u> RLG 1301 - 3 hrs RLG 1302 - 3 hrs BASC 1200 - 2 hrs and EXSS 1112 - 1 hr OR BASC 1301 - 3 hrs (required for EXT students) GRAD 0001 - 0 hrs				MGMT 3304 - 3 hrs EXSS 1301 - 3 hrs EXSS 2100 - 1 hr EXSS 2304 - 3 hrs EXSS 2305 - 3 hrs EXSS 3312 - 3 hrs EXSS 3315 - 3 hrs EXSS 3320 - 3 hrs EXSS 3322 - 3 hrs EXSS 4100 - (1) hr Eight (8) hours from: BIOL 2408 and BIOL 2409 - 8 hrs, OR BIOL 1401 and BIOL 3408 - 8 hrs <div style="background-color: #f2f2f2; padding: 2px;"> <table style="width:100%; border-collapse: collapse;"> <tr> <td></td> <td align="center">Req.</td> <td align="center">Have</td> <td align="center">Need</td> </tr> <tr> <td>Total Hours in Core</td> <td align="center">34</td> <td align="center">0</td> <td align="center">34</td> </tr> </table> </div>					Req.	Have	Need	Total Hours in Core	34	0	34																																																				
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Total Hours in Core	34	0	34																																																																
DEGREE SPECIFIC GENERAL EDUCATION - 11 hrs				COMPOSITE MAJOR (cont'd) - 18 hrs																																																															
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MATH 1306 or POLS/PSYC/SOCI 3411 - 3-4 hrs Lab Science or Social Perspectives Elec - 3-4 hrs (from area not fulfilled in Core) EXSS Activity - 1 hr Choose one: COSC 2311, CSCI 1305, EDIT 2310, or MSCI 2311 - 3 hrs MSCI 3101 or 1-hr major capstone - 1 hr <div style="background-color: #f2f2f2; padding: 2px;"> <table style="width:100%; border-collapse: collapse;"> <tr> <td></td> <td align="center">Req.</td> <td align="center">Have</td> <td align="center">Need</td> </tr> <tr> <td>Total Hours in General Education</td> <td align="center">53</td> <td align="center">0</td> <td align="center">53</td> </tr> </table> </div>					Req.	Have	Need	Total Hours in General Education	53	0	53	Specialization - Sport Medicine & Rehabilitation EXSS 3307 - 3 hrs EXSS 3308 - 3 hrs EXSS 3316 - 3 hrs EXSS 4308 - 3 hrs EXSS 4309 - 3 hrs Three hours from: EXSS 1161 / 1162 / 2161 / 2162 / 3161 / 3162 / 4161 / 4162 <div style="background-color: #f2f2f2; padding: 2px;"> <table style="width:100%; border-collapse: collapse;"> <tr> <td></td> <td align="center">Req.</td> <td align="center">Have</td> <td align="center">Need</td> </tr> <tr> <td>Total Hours in Specialization</td> <td align="center">18</td> <td align="center">0</td> <td align="center">18</td> </tr> <tr> <td>Upper-Level Hours in Composite Major</td> <td align="center">31</td> <td align="center">0</td> <td align="center">31</td> </tr> <tr> <td>Minimum GPA Required in Composite Major</td> <td align="center">2.00</td> <td></td> <td></td> </tr> </table> </div>					Req.	Have	Need	Total Hours in Specialization	18	0	18	Upper-Level Hours in Composite Major	31	0	31	Minimum GPA Required in Composite Major	2.00																																						
	Req.	Have	Need																																																																
Total Hours in General Education	53	0	53																																																																
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Upper-Level Hours in Composite Major	31	0	31																																																																
Minimum GPA Required in Composite Major	2.00																																																																		
Notes:				ELECTIVES - 28 hrs																																																															
*Elective hours may vary based upon courses taken in Gen. Ed. **11 hours of upper-level electives are required to meet the 42-hour upper-level graduation requirement. ^Tentative course placement, dependent upon course grades:				<div style="background-color: #f2f2f2; padding: 2px;"> <table style="width:100%; border-collapse: collapse;"> <tr> <td></td> <td align="center">Inst.</td> <td align="center">Hours</td> <td align="center">Grade</td> </tr> <tr> <td>UL Elective - 3 hrs</td> <td></td> <td></td> <td></td> </tr> <tr> <td>UL Elective - 3 hrs</td> <td></td> <td></td> <td></td> </tr> <tr> <td>UL Elective - 3 hrs</td> <td></td> <td></td> <td></td> </tr> <tr> <td>UL Elective - 2 hrs</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Elective - 3 hrs</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Elective - 3 hrs</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Elective - 3 hrs</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Elective - 3 hrs</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Elective - 3 hrs</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Elective - 3 hrs</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Elective - 2 hrs</td> <td></td> <td></td> <td></td> </tr> </table> </div> <div style="background-color: #f2f2f2; padding: 2px;"> <table style="width:100%; border-collapse: collapse;"> <tr> <td></td> <td align="center">Req.</td> <td align="center">Have</td> <td align="center">Need</td> </tr> <tr> <td>Total Hours in Electives</td> <td align="center">28</td> <td align="center">0</td> <td align="center">28</td> </tr> <tr> <td>Required Upper-Level Electives</td> <td align="center">11</td> <td align="center">0</td> <td align="center">11</td> </tr> </table> </div>					Inst.	Hours	Grade	UL Elective - 3 hrs				UL Elective - 3 hrs				UL Elective - 3 hrs				UL Elective - 2 hrs				Elective - 3 hrs				Elective - 3 hrs				Elective - 3 hrs				Elective - 3 hrs				Elective - 3 hrs				Elective - 3 hrs				Elective - 2 hrs					Req.	Have	Need	Total Hours in Electives	28	0	28	Required Upper-Level Electives	11	0	11
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Required Upper-Level Electives	11	0	11																																																																
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General Education	53	0	53	WBU - WAYLAND BAPTIST UNIVERSITY		0	0																																																												
Composite Major - Fitness Management Core	34	0	34																																																																
Composite Major - Specialization	18	0	18																																																																
Electives	28	0	28																																																																
Additional Electives/Major/Minor (Optional)	0	0	0																																																																
Additional Electives/Major/Minor (Optional)	0	0	0																																																																
Less Dual-Counted Hours	-9	0	-9																																																																
Total Hours Required (Minimum 124)	124	0	124																																																																
Wayland Residency Hours Required	31	0	31																																																																
Cumulative Upper-Level Hours Required	42	0	42																																																																
Exam Hours (Maximum 30)	30	0																																																																	
				Hours completed towards AASc:		0	0																																																												