

Name:

Student ID:

## **Bachelor of Applied Science**

## **Major: Personal Training**

Catalog: 2025-2026 Expires 8/1/2032

Updated: Audited:

2025-2026 Catalog Advisor & Campus: UNIFIED GENERAL EDUCATION CORE - 42 hrs minimum MAJOR: Personal Training - 36 hrs minimum Grade Grade Inst. Hours Hours RSWR 3345 - 3 hrs Creative Expression for Engaging Community - 9 hrs ENGL 1301 - 3 hrs EXSS 2304 - 3 hrs Choose one: COMS 1301 / 1303 / 2302 / 2303 - 3 hrs EXSS 3312 - 3 hrs Creative Arts from: ART. 1301 / Studio Course, EXSS 3315 - 3 hrs MUSI 1303 / 3305 / 3306 / 3307 / Performing Ensembles, EXSS 4163 - 1 hr HUMA 2300, or ENGL 3330 - 3 hrs EXSS 4300 - 3 hrs EXSS 4164 - 1 hr Cultural Perspectives within Community - 12-13 hrs EXSS 4301 - 3 hrs ENGL 1302 - 3 hrs EXSS Activity Course - 1 hr^ HIST 1301 / 1302 / 1303 / 1304 / 2301 / 2302 or 3000-level (except 3301) - 3 hrs EXSS Activity Course - 1 hr^ HIST (from options listed above) or ENGL Literature Elec - 3 hrs EXSS Activity Course - 1 hr^ HIST or ENGL Literature Elec; <u>OR</u> Multi-Cultural Elec from: MGMT 3304 - 3 hrs #Foreign Lang., COMS 3303, ENGL 2303 / 3318 / 3322, GEOG 1302, MGMT 3330 - 3 hrs HIST 1303 / 1304 / 3306 / 3308 / 3309 / 3313 / 3330 / 3334, JUAD-SOCI 3320, EXSS Elective - 3 hrs\*\* or THST-PHIL 3333 - 3-4 hrs FXSS Flective - 3 hrs. FXSS Flective - 1 hr Critical Examination of Creation and Community - 12-14 hrs MATH 1303 or higher - 3 hrs Science - 3-4 hrs (4-hr lab required for PLV students)\*\* Rea. Have Need POLS 2301 - 3 hrs 36 36 Total Hours in Maior 0 Math or Science Elec, OR Social Perspectives Elec from: ECON 2307, Minimum Upper Level Hours in Major 0 18 18 EDUC 2307, GEOG 1301, PHIL 1301, PSYC 1301, or SOCI 1301 - 3-4 hrs Minimum GPA Required in Major 2.00 EXPERIENTIAL PROFESSIONAL DEVELOPMENT - 12 hrs Grade Christian Foundations for Life in Community - 9 hrs Hours Experiential Professional Development - 12 hrs RLGN 1301 - 3 hrs RLGN 1302 - 3 hrs 48 Months full time work or Upper-Level Electives) BASC 1200 - 2 hrs and EXSS 1112 - 1 hr OR BASC 1301 - 3 hrs (required for EXT students) GRAD 0001 - 0 hrs Max 6 hrs of "Technical" allowed in Gen Ed Have Need Have Need Req. Total Hours in General Education Total Hours in Experiential Professional Development 12 PROFESSIONAL DEVELOPMENT - 24 hrs minimum Inst Hours Grade Inst. Hours Grade BIOL 1400 - 4 hrs\*\* Upper Level Elective - 3 hrs EXSS 1301 - 3 hrs\*\* Elective - 3 hrs Have Need Flective - 3 hrs Rea. Total Hours in Electives Elective - 3 hrs Notes: \*Elective hours may vary based upon courses taken in Gen. Ed. In addition to unified core and not including EXSS 1100. \*\*BIOL 1400 and EXSS 1301 are required prerequisites. They may also be used The Professional Development consists of credits selected to provide in the unified core or Major/PD respectively if an alternate elective is completed depth or breadth to the major. Have Need in the elective block Rea. Total Hours in Professional Development 24 24 0 INSTITUTIONAL HOUR BREAKDOWN: GRADUATION REQUIREMENTS: Req. Have Need **Hours** +AH VBU - WAYLAND BAPTIST UNIVERSITY General Education 42 0 42 0 MSS - MILITARY SERVICE SCHOOL 0 Majoi 36 0 36 Professional Development 24 0 24 MOS - MILITARY OCCUPATIONAL SPECIALTY 0 PLA - PRIOR LEARNING ASSESSMENT 12 0 12 0 Experiential Professional Development Electives 10 10 2nd Major/Minor 0 0 0 0 0 0 Less Dual-Counted Hours Total Hours Required (Minimum 124) 124 124 Upper-Level Hours in Major Required 0 18 18 Upper-Level Academic Hours Required 21 21 Upper-Level Cumulative Required 36 0 36 Non Junior College Hours Required 52 0 52 Wayland Residency Hours Required 31 0 Hours completed towards AASc: 31 Exam Hours (Maximum 42) ≤42 0 0