

Bachelor of Science
Major: Fitness Management Composite
specialization in Personal Training & Strength
Catalog: 2017-18

Updated:
Audited:

Name:
Student ID:
Advisor:

UNIVERSITY GENERAL EDUCATION CORE - 43 hrs				COMPOSITE MAJOR				
	Inst.	Hours	Grade	Fitness Management Core - 33 (8) hrs	Inst.	Hours	Grade	
Choose one: COMS 1301, 1303, 2302 or 2303 - 3 hrs				MGMT 3304 - 3 hrs				
ENGL 1301 - 3 hrs				EXSS 1301 - 3 hrs				
ENGL 1302 - 3 hrs				EXSS 2304 - 3 hrs				
ENGL Literature Elective - 3 hrs				EXSS 2305 - 3 hrs				
Choose one: ECON 2307, EDUC 2307, GEOG 1301, GEOG 1302, PHIL 1301, PSYC 1301 or SOCI 1301 - 3 hrs				EXSS 3312 - 3 hrs				
Choose one: ART. 1301, ART. 2301, ART. Studio Course, MUSI 1301, 1303, 3304, 3305, 3306, 3307, Performing Ensembles, THEA 1303, or THEA 2307 - 3 hrs				EXSS 3315 - 3 hrs				
MATH 1304 or higher - 3 hrs				EXSS 3320 - 3 hrs				
Laboratory Science - 4 hrs (Life or Physical)				EXSS 3322 - 3 hrs				
HIST 1303 and HIST 1304 - 6 hrs OR HIST 2301 and HIST 2302 - 6 hrs				EXSS 4100 - 1 hr				
RLGN 1301 or RLGN 1303 - 3 hrs				Eight hours from: BIOL 1400 and BIOL 2401 - (8) hrs				
RLGN 1302 or RLGN 1304 - 3 hrs				BIOL 2408 and BIOL 2409 - (8) hrs				
POLN 2301 - 3 hrs				BIOL 1401 and BIOL 3408 - (8) hrs				
EXSS 1112 - 1 hr								
EXSS Activity - 1 hr								
UNIV 1100/1101 - 1 hr								
GRAD 0001 - 0 hrs								
				Req. Have Need				
				Total Hours in Fitness Mgmt. Core				
				33 0 33				
DEGREE SPECIFIC GENERAL EDUCATION - 14 hrs				COMPOSITE MAJOR (cont'd)				
	Inst.	Hours	Grade	Spec. - Personal Training & Strength - 18 (1) hrs	Inst.	Hours	Grade	
MATH 1306 - 3 hrs				EXSS 1114 - (1) hr				
Laboratory Science - 4 hrs (from area not fulfilled in Univ. Core)				EXSS 3307 - 3 hrs				
Laboratory Science or POLS/PSYC/SOCI 3411 - 4 hrs				EXSS 4114 - 1 hr				
Choose one: COSC 2311, EDIT 2310 or MSCI 2311 - 3 hrs				EXSS 4163 - 1 hr				
				EXSS 4164 - 1 hr				
				EXSS 4300 - 3 hrs				
				EXSS 4301 - 3 hrs				
				EXSS 3308 or 3316 - 3 hrs				
				One hour from: EXSS 1109 / 1117 / 1130 / 1133				
				One hour from: EXSS 1122 / 1131 / 1139 / 1142				
				Req. Have Need				
				Total Hours in Specialization				
				18 0 18				
				Minimum GPA Required in Composite Major				
				2.00				
				Upper-Level Hours in Composite Major				
				31 0 31				
ELECTIVES								
	Inst.	Hours	Grade					
UL Elective - 3 hrs								
UL Elective - 3 hrs								
UL Elective - 3 hrs								
UL Elective - 2 hrs								
Elective - 3 hrs								
Elective - 3 hrs								
Elective - 3 hrs								
Elective - 3 hrs								
Elective - 2 hrs								
				Req. Have Need				
				Total Hours in Electives				
				25 0 25				
				Required Upper-Level Electives				
				11 0 11				
GRADUATION REQUIREMENTS:				INSTITUTIONAL HOUR BREAKDOWN:				
	Req.	Have	Need				Hours	+AH
General Education	57	0	57	WB - WAYLAND BAPTIST UNIVERSITY			0	0
Composite Major - Core	33	0	33					
Composite Major - Specialization	18	0	18					
Electives	25	0	25					
Additional Electives/Major/Minor (Optional)	0	0	0					
Additional Electives/Major/Minor (Optional)	0	0	0					
Less Dual-Counted Hours	-9	0	-9					
Total Hours Required (Minimum 124)	124	0	124					
Wayland Residency Hours Required	31	0	31					
Cumulative Upper-Level Hours Required	42	0	42					
Exam Hours (Maximum 30)	30	0						
				0 0				

Notes:
*11 hours of upper-level electives are required to meet the 42-hour upper-level graduation requirement.



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