WAYLAND BAPTIST UNIVERSITY

Bachelor of Science
Major: Fitness Management Composite with specialization in Personal Training & Strength
Catalog: 2018-19

Name:
Student ID:
Advisor:

Updated:
Audited:

UNIVERSITY GENERAL EDUCATION CORE - 44 hrs

	Inst.	Hours	Grade
Choose one: COMS 1301, 1303, 2302 or 2303 - 3 hrs			
ENGL 1301 - 3 hrs			
ENGL 1302 - 3 hrs			
ENGL Literature Elective - 3 hrs			
Choose one: ECON 2307, EDUC 2307, GEOG 1301, GEOG 1302, PHIL 1301, PSYC 1301 or SOCI 1301 - 3 hrs			
Choose one: ART. 1301, ART. 2301, ART. Studio Course, MUSI 1301, 1303, 3304, 3305, 3306, 3307, Performing Ensembles, THEA 1303, or THEA 2307 - 3 hrs			
MATH 1304 or higher - 3 hrs			
Laboratory Science - 4 hrs (Life or Physical)			
Choose one set: HIST 1301 and HIST 1302 - 6 hrs, HIST 1303 and HIST 1304 - 6 hrs, OR HIST 2301 and HIST 2302 - 6 hrs			
RLGN 1301 or RLGN 1303 - 3 hrs			
RLGN 1302 or RLGN 1304 - 3 hrs			
POLS 2301 - 3 hrs			
EXSS 1112 - 1 hr			
EXSS Activity - 1 hr			
BASC 1200/1201 - 2 hrs			
GRAD 0001 - 0 hrs			

DEGREE SPECIFIC GENERAL EDUCATION - 14 hrs

	Inst.	Hours	Grade
MATH 1306 - 3 hrs			
Laboratory Science - 4 hrs (from area not fulfilled in Univ. Core)			
Laboratory Science or POLS/PSYC/SOCI 3411 - 4 hrs			
Choose one: COSC 2311, EDIT 2310 or MSCI 2311 - 3 hrs			

	Req.	Have	Need
Total Hours in General Education	58	0	58

Notes:

***11 hours of upper-level electives are required to meet the 42-hour upper-level graduation requirement.**

^Tentative course placement, dependent upon course grades:

COMPOSITE MAJOR

Fitness Management Core - 33 (8) hrs

	Inst.	Hours	Grade
MGMT 3304 - 3 hrs			
EXSS 1301 - 3 hrs			
EXSS 2304 - 3 hrs			
EXSS 2305 - 3 hrs			
EXSS 3312 - 3 hrs			
EXSS 3315 - 3 hrs			
EXSS 3320 - 3 hrs			
EXSS 3322 - 3 hrs			
EXSS 4100 - 1 hr			
8 hours from: BIOL 1400 and BIOL 2401 - (8) hrs BIOL 2408 and BIOL 2409 - (8) hrs BIOL 1401 and BIOL 3408 - (8) hrs			

	Req.	Have	Need
Total Hours in Fitness Management Core	33	0	33

COMPOSITE MAJOR (cont'd)

Spec. - Personal Training & Strength - 18 (1) hrs

	Inst.	Hours	Grade
EXSS 1114 - (1) hr			
EXSS 3307 - 3 hrs			
EXSS 4114 - 1 hr			
EXSS 4163 - 1 hr			
EXSS 4164 - 1 hr			
EXSS 4300 - 3 hrs			
EXSS 4301 - 3 hrs			
1 hour from: EXSS 1109 / 1117 / 1130 / 1133			
1 hour from: EXSS 1122 / 1131 / 1139 / 1142			
EXSS 3308 or 3316 - 3 hrs			

	Req.	Have	Need
Total Hours in Specialization	18	0	18
Upper-Level Hours in Composite Major	31	0	31
Minimum GPA Required in Composite Major	2.00		

ELECTIVES

	Inst.	Hours	Grade
UL Elective - 3 hrs			
UL Elective - 3 hrs			
UL Elective - 3 hrs			
UL Elective - 2 hrs			
Elective - 3 hrs			
Elective - 3 hrs			
Elective - 3 hrs			
Elective - 3 hrs			
Elective - 1 hr			

	Req.	Have	Need
Total Hours in Electives	24	0	24
Required Upper-Level Electives	11	0	11

GRADUATION REQUIREMENTS:	Req.	Have	Need
General Education	58	0	58
Composite Major - Core	33	0	33
Composite Major (cont'd) - Specialization	18	0	18
Electives	24	0	24
Additional Electives/Major/Minor (Optional)	0	0	0
Additional Electives/Major/Minor (Optional)	0	0	0
Less Dual-Counted Hours	-9	0	-9
Total Hours Required (Minimum 124)	**124**	**0**	**124**
Wayland Residency Hours Required	31	0	31
Cumulative Upper-Level Hours Required	42	0	42
Exam Hours (Maximum 30)	30	0	

INSTITUTIONAL HOUR BREAKDOWN:	Hours	+AH
WBU - WAYLAND BAPTIST UNIVERSITY	0	*0*
	0	***0***

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PRELIMINARY